



YOUTH AND ALCOHOL



East Haddam Local Prevention Council

WHAT PARENTS SHOULD **KNOW**



Youth who start drinking alcohol before the age of 15 are **SIX** times more likely to develop alcohol dependence or misuse later in life than those who wait until 21 years old.

Under Social Host Law, It is a Class A Misdemeanor to serve or allow minors to drink alcohol in your house or on your property. For your first violation, you may be fined up to **\$2000** and or receive up to **1 year in jail**

Youth who consume alcohol are more likely to engage in other risky behaviors, leading to: **Injuries** (car accidents, drowning, etc), **Sexually Transmitted Infections and Pregnancy, Violence** (Homicide, Suicide, Sexual Violence), **Illicit Drug Use**, and **Lower School Performance.**



What are the facts?



30%

of East Haddam youth reported family members consuming alcohol to the point it created problems (physical/verbal fighting, or financial problems) at home, at work, or with friends.

53%

of East Haddam youth that have consumed alcohol in their life report they acquire it most often "at home with parents permission".

11

Years old

is the average age East Haddam youth first consume alcohol.

30%

of East Haddam youth stated they are unsure or have no clear family rules or expectations discouraging them from consuming alcohol.

#1

Alcohol continues to be the most used substance amongst East Haddam youth and youth nationally.

Data Source: Fall 2023 Youth Voices Count Survey Conducted in NHRMS & NHRHS Grades 7-12. This survey is funded by EHYFS & EHLPC's **STOP Act Grant**.

What can you do?

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Join our Local Prevention Council! Meetings are virtual every 3rd Wednesday of the month 3:00pm-4:00pm

Contact Taylor Setzler for more information and to join our LPC



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